

# VOLLEYBALL

**The Diocese does not oversee any tournament nor determine the playing rules for such tournaments. This is under the sole discretion of the hosting schools. Participation in tournaments is not mandatory.**

I. The current **National Federation Official High School Volleyball Rules** are used and followed except as modified below.

A. Special Rules:

1. Coaches are responsible for playing every player during the match as equally as possible.
2. A team will consist of six (6) players and substitutes. Three boys at a time (but not more) may be on the court.
3. At least five (5) players must be present with no side out awarded.
4. A match will consist of the best of three (3) games. First two (2) games will be played to twenty-five (25) points. Third game will be played to fifteen (15) points.
  - a. Winner must be ahead by two (2) points with a thirty (30) point cap.
    - (1) The Home team must provide an adult score keeper, an adult gate person and an adult line judge. High school students are acceptable.
    - (2) The Visiting team provides an adult score keeper and an adult line judge. High school students are acceptable.
    - (3) The serving order and positions on the court at service shall be an alternation of boy and girl.
5. All players must wear kneepads both at practice and at games.
6. 6<sup>th</sup> Grade Only – Server is limited to five consecutive serves. After the 5<sup>th</sup> serve, a side-out is called and the serve is given to the other team (no point is awarded).
7. No athlete may play or practice while wearing any type of cast.
8. Numbers should be on back of the uniforms.

B. All games must start on time.

1. A warm-up will be allowed only if there is time remaining before start time.
2. Scheduled time is forfeit time for the first game of the match.
3. Fifteen (15) minutes from scheduled start of the game is forfeit time for the match.